



GCRAB Standards of Proficiency

The Standards of Proficiency set out the standard that a genetic counsellor must reach to be Registered by the GCRAB to join the Genetic Counsellor Register with the Academy of Healthcare Sciences. They set out the professional standards for safe and good working practice for genetic counsellors.

The standards are used for assessing the knowledge, skills and competencies to practice as a Registered Genetic Counsellor. The standards cover four key areas of Genetic counselling practice:

- The Client/Counsellor Relationship
- Management and Organisation of Care
- Professional and Ethical Practice
- Personal and Professional Development

The GCRAB Standards of Proficiency provide the standards for Genetic Counsellors and should be used in association with the AHCS Standards of Proficiency for practising genetic counsellors on the GCRAB Register in the Academy of Healthcare Sciences ([Standards, Rules & Guidance - The Academy For Healthcare Science](#)).

On joining the GCRAB Register with the Academy, Genetic Counsellors must adhere to the GCRAB Code of Conduct (005_POL) and demonstrate ongoing CPD to maintain the standards of proficiency as a Genetic Counsellor.

GCRAB Standards of Proficiency:

In order register with the GCRAB and continue your registration, you must demonstrate the following standards of proficiency.

The Client/Counsellor Relationship	
Proficiency Standard Statement A: <i>Establish and maintain a relationship with clients through effective communication, which promotes clients' goodwill, trust and confidentiality and shows particular concern for their personal beliefs and values.</i>	
PROFICIENCY	OUTCOMES
1. Establish relationship and elicit clients' concerns and expectations	An environment is created which is conducive to the identification and expression of feelings, anxieties, beliefs, and expectations and considers clients' experiences. Clients are enabled to make informed choices about the implications of their family history.
2. Elicit and interpret appropriate medical, family and psychological history	Through the promotion of trust and confidence the client is enabled to disclose their medical, family and psychosocial history. The medical, family, and psychosocial history is interpreted accurately.
3. Convey clinical and genetic information to clients appropriate to their individual needs	Information about the genetic disorder is provided appropriate to the client's assessed needs, reflecting their values, religious and cultural beliefs, and preferences.
4. Explain options available to the client, including the	Information given is based upon appropriate interpretation of genetic and clinical knowledge. Genetic risk assessment and possible options to manage identified risk are explained and are based on best evidence and clinical judgement.



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risks, benefits, and limitations	
5. Acknowledge the implications of individual and family experiences, beliefs, values, and culture for the genetic counselling process	Roles and relationships in families are acknowledged. Dissemination of information about the genetic disorder to at risk relatives by the client is facilitated and supported.
6. Identify and respond to emerging issues of the client or family	Needs emerging from the social, cultural, and emotional assessments are identified with the client. With the client's agreement appropriate action is taken to meet identified needs.
7. Make a psychosocial assessment of clients' needs and resources and provide support, ensuring referral to other agencies as appropriate	The psychological needs of the individual or family are ascertained. Respecting client preferences, support is given and appropriate referral is made to other agencies.
8. Use of a range of counselling skills to facilitate clients' adjustment and decision-making	The client is enabled to respond to their individual circumstances by the counsellor's use of a range of safe, effective, and appropriate counselling skills.

Management and Organisation of Care

Proficiency Standard Statement C: *Maintain comprehensive, accurate and objective records of all client contact in a systematic manner that facilitates best practice and manage care to maximise the use of local, regional and national resources.*

PROFICIENCY	OUTCOME
9. Document information including case notes and correspondence	A systematic approach is applied to collecting and maintaining comprehensive and accurate records that detail the rationale underpinning any interventions. Confidentiality and security of written and verbal information is maintained.



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in an appropriate manner	In normal circumstances information about individuals is disclosed to appropriate third parties only with the client's permission.
10. Identify, synthesise, organise and summarise relevant medical and genetic information for use in genetic counselling	Relevant information about the genetic disorder in question, and its pattern of inheritance, is collated and used in a manner appropriate to the consultation.
11. Make appropriate and accurate genetic risk assessment	Ascertains sufficient medical, family and personal information from the client to make appropriate genetic risk assessment. Ascertains medical information from other sources to confirm family information and diagnosis.
12. Identify and support clients' access to local, regional and national resources and services	Services that would provide information and support to clients are identified and details offered to the client as appropriate and/or at the clients' request. Effective service delivery is identified and encouraged at local and regional level. Barriers to effective service delivery are identified and contributions are made to their resolution.
13. Demonstrate ability to organise and prioritise a case load	Clients' needs are addressed in a sensitive and fair manner making best use of resources available.

Professional and Ethical Practice

Proficiency Standard Statement D: *Promote knowledge and understanding of the impact of genetics on health and facilitate access to genetics services through effective communication and education.*

PROFICIENCY	OUTCOMES
14. Plan, organise and deliver professional and public education	Facilitates understanding of how genetics impacts on affected individuals, their families, partners and carers. Promotes the aims of the clinical genetics service and seeks to raise awareness of available services and resources.



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	Acts as a resource for other professionals and lay groups (both statutory and voluntary) whatever their discipline.
15. Establish effective working relationships to function within a multi-disciplinary team and as part of the wider health and social care network	Promotion of seamless care and interventions in partnership with the client, their family, and appropriate care providers and members of the multi-disciplinary team. Communication is facilitated via establishing a strong multidisciplinary network of professional and lay colleagues.
16. Practice in accordance with the AGNC Code of Ethics	Professional standards of safe and ethical practice are upheld at all times. Uses professional standards of practice to evaluate own and others' performance. Recognises the duty to seek professional advice if standards of care are threatened.
17. Recognise and maintain professional boundaries	Recognises practice limitations when the client's needs fall outside the scope of genetic practice.
18. Recognise his or her own limitations in knowledge and capabilities and discuss with colleagues or refer clients when necessary	Consults other health professionals and demonstrates referrals when appropriate.
19. Demonstrate reflective skills within the counselling context and in personal awareness for the safety of clients and families by participation in genetic counselling	Demonstrates reflective practice, which informs future clinical interactions. Evidence of access to counselling/clinical supervision to underpin and enhance practice.



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supervision (as defined in the AGNC Supervision Working Group Report, 2006)	
20. Present opportunities for clients to participate in research projects in a manner that facilitates informed choice	Clients can make an informed choice on whether to participate in research project or not.
Professional and Personal Development	
Proficiency Standard Statement E: <i>Seek at all times to maintain and improve service delivery and professional standards by promoting evidence-based practice for oneself and others through continual professional development.</i>	
PROFICIENCY	OUTCOMES
21. Demonstrate continuing professional development as an individual practitioner and for the development of the Profession in light of new evidence gained from activities such as audit	Actively seeks opportunities to update knowledge and skills, and reflects on the implications of these for own practice and that of professional colleagues, and maintains a portfolio of professional development detailing this.
22. Develop the necessary skills to critically analyse research findings to inform practice development as a means of reviewing new technology and increasing	Critically appraises current evidence to inform practice, professional development and leadership. Disseminates evidence of good practice and service improvement through verbal and written media.



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awareness of new developments	
23. Contribute to the development and organisation of genetic services	<p>Evaluates own practice and that of others in the light of new evidence and modifies practice appropriately.</p> <p>Uses skills of critical appraisal to consider how new evidence may contribute to the improvement of service organisation and delivery.</p> <p>Actively seeks opportunities to meet with colleagues to discuss professional issues and innovations in care, in order to disseminate best practice and improve standards of care.</p> <p>Actively seeks opportunities to collaborate with colleagues in audit and research that has the ultimate aim of improving client care.</p>



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